

2015 SIJHSAA CLASS S BOYS AND GIRLS STATE TRACK AND FIELD MEET

HOSTED BY HERRIN HIGH SCHOOL

Welcome to the SIJHSAA Class S State Track and Field Meet. We are excited about hosting this year's competition for the first time. On the following pages you will find information about the meet itself, a timeline of events and information about our outstanding facility. If you have any questions feel free to contact Herrin High School at (618) 942-6606, Herrin Athletic Director Mike Mooneyham (618) 925-3324. You can also email me at mmooneyham@herrinhs.org.

Admission (as per SIJHSAA guidelines):

- Adults: \$5.00 / 9th grade and older
- Students: \$2.00 / 8th grade and younger

Timeline of Events:

Monday, May 4th – deadline for State meet Entries ~ 12:00 (noon) from Regional Hosts

- Please send qualifier information by 12:00 (noon) the day following your regional meet. If your regional is held on Saturday, your entries are due by 12:00 (noon) the following Monday. Fax #: (618) 942-7562.

Saturday May 9th

- 9:00 – weigh-in of implements; building Northeast of track
- 9:15 – Coaches meeting (Scratch only – no replacements)
- 9:40 – Girls High Jump begins

*We are hopeful that starting the high jump competition prior to other field events will alleviate issues with athletes competing in running events and high jump competition concurrently.

- 10:10 – National Anthem
- 10:15 – Field Events Begin
- 12:00 – Finals Begin

*As per new SIJHSAA guidelines, no preliminary races will be run at the state meet. Finals will follow the traditional order of events.

Miscellaneous Information:

* We have an all-weather track; runways are also all-weather surfaces as well. Please ensure that all of your athletes are using spikes that are $\frac{1}{4}$ " or less in length. Please ask your athletes not to wear spikes in the bleachers. Restrooms are located on the south end of the track complex.

*Buses will park in the southeast end parking lot next to the woods. The physical address for the Harrison-Bruce Football and Track Complex is: 1211 E. Bond Street Herrin, IL 62948.

*The meet scoring for all events will be as follows: 10, 8, 6, 5, 4, 3, 2, 1.

Field Event Information:

- Competition for the shot put, discus and long jump will be run simultaneously. We can adjust flights for the shot put and discus to ensure that competitors are not competing in multiple events at one time.
- 9:40 – Girls high jump (starting height is 4'0" as per SIJHSAA by laws)
- TBD – Boys high jump (starting height is 4'10" as per SIJHSAA by-laws)
- 10:15 – shot put – boys
- 10:15 – discus – girls
- 10:15 - Boys long jump (east pit)
- 10:15 – Girls long jump (west pit)

Scratch Meeting:

- On the day of the meet, the scratch meeting will be at 9:15 on the second floor of the press box. Remember no replacements scratches only.

Timing of Running Events:

- The timing of the running events will be conducted using out Lynx F.A.T. Timing System. Final results will be posted in the press box as well as announced on the public address system.

Starter:

- The starter will be Terry Heern and the assistant starter will be Robin Brooks.

Staging Area:

- The staging area for all running events will be located in the Northwest end of the track. Athletes are asked to report in a timely manner as to keep the meet running smoothly. There will be benches located in the staging area. Athletes will then be taken to the appropriate starting line.

Competitor/Implement Weigh-in:

- The location for the weigh-ins for competitors for shots/discs to be used in competition will be located in the building at the Northeast end of the track. The weigh-in will open at 9:00 and run until 10:00. Shots/discs will be marked indicating they have be weighed and meet SIJHSAA specifications. Any athlete using a non-approved implement will be disqualified.

Athletes and Spectators:

- In order to avoid interfering with field and running events, only competing athletes will be permitted inside the interior fence. Please inform your athletes and their parents of these guidelines.

Warm-up Area:

- Athletes are welcome to use any of the grass area around the track in order to warm up prior to their race. However, they will not be permitted to use the track or football field once races begin.

Blocks:

- Starting blocks will be provided for the meet.

T-shirts:

- State meet t-shirts will be available for purchase by competitors and fans at the meet.

Concessions:

- There will be a concession stand available on the South end of the track complex.

Hospitality room:

- A hospitality room for coaches, administrators and support personnel will be available. It will be located in the building at the Northeast corner of the track complex.

*****Good luck to everyone involved in the Class S State track and Field meet. If you have any questions or concerns feel free to contact us. We hope everything goes well on May 9th and that is certainly our goal.**

Mike Mooneyham

Athletic Director

Herrin High School

