

2017 SIJHSAA Class L Boys & Girls State Track & Field Meet

Hosted by Carterville Junior High School

Hello and welcome to the SIJHSAA Class L State Track & Field Meet. We are excited about the opportunity to host this year's competition. On the following pages, you will find information about the meet itself, a timeline of events, and information about our facility. We hope that you find the information helpful, but should you possess any further questions, please do not hesitate to call Carterville High School (618.985.2940), Carterville Junior High School (618.985.6411), or Coach Jake Wakey (618.967.0261). You can also email me at jwakey@cartervillelions.com.

Admission (as per SIJHSAA guidelines)

- Adults: \$5
- Students: \$2

Timeline of Events

Monday, May 8th – Deadline for State Meet Entries ~ 12:00 (noon) from Regional Hosts

- *This year, State Meet Entries from Regional Hosts will be submitted electronically. All Regional Organizers have been provided information regarding electronic submission by Paul Stallman. That information should be forwarded to Regional Hosts, if Organizer and Host are different. If you are responsible for submitting State Meet Entries and have not received the information necessary to submit those entries electronically, please contact Jake Wakey or Paul Stallman (618.774.2936) immediately so that information can be provided to you.*

Saturday, May 13th

- **9:00** – Weigh-in of implements/competitors begins on east side of press box
- **9:15** - Coaches meeting (Scratch meeting only – no replacements)
- **9:30** – Girls High Jump Competition Begins
 - *We are hopeful that beginning the high jump competition prior to other field events will alleviate issues with athletes competing in running events and high jump competition concurrently*
- **10:08** – National Anthem
- **10:15** – Field Events Begin
 - *On the following page, you will find information specific to field event competition*
- **12:00** – Finals Begin
 - *As per SIJHSAA guidelines, no preliminary races will be run at the state meet; finals will follow the traditional order of events*

Busses will be parking on the far east side of the large, asphalt parking lot located east of the track and field complex. In order to better direct bus drivers, there will be temporary signs and a parking attendant in place on the day of the meet to facilitate a smooth transition of athletes from bus to the field of competition.

We have an all-weather track surface; runways are all-weather surface as well. Please ensure that all of your athletes are using spikes that are 1/4"-inch or less in length. Please ask your athletes not to wear spikes in the bleachers. Restrooms are located on the east side of the press box and in the field house.

The meet scoring for all events will be as follows: 10, 8, 6, 5, 4, 3, 2, 1

Miscellaneous Information

Directions:

- Lions Field and the Track & Field Complex is located at Tri-C Elementary on Lion Drive. The eight-lane track encircles the football field.
 - If you are arriving from the **South** or **West**, you should turn *left* off of Illinois Route 13 onto Cambria Road. Then turn *right* onto Grand Avenue. After travelling east, you will arrive at a three-way stop. Turn *right* onto Lion Drive.
 - If you are arriving from the **South** or **East**, you should turn *right* off of Illinois Route 13 onto Greenbriar Road. When you reach a four-way stop, you will turn *left* onto Grand Avenue. Go to the three-way stop, and turn *left* onto Lion Drive.
 - If you are arriving from the **North**, (via 148 and Herrin/Colp Road) at the second four-way stop on Division, turn *right* onto Grand Avenue. Proceed through the next four-way stop (at the Greenbriar intersection), and turn *left* at the three-way stop onto Lion Drive.

Field Event Information:

- Competition in the shot put, discus, and long jump will be run simultaneously. We can adjust flights of the shot put and discus to ensure that competitors are not competing in multiple events at the same time.
 - 10:15 – Shot Put ~ Boys
 - 10:15 – Discus ~ Girls
 - 10:15 – Boys Long Jump (east pit/runway)
 - 10:15 – Girls Long Jump (west pit/runway)
 - 9:45 – Girls High Jump (starting height: 4' as per SIJHSAA by-laws)
 - TBD – Boys High Jump (starting height: 4' 10" as per SIJHSAA by-laws)
 - 10:15 – Boys Pole Vault (starting height: TBD)
 - TBD – Girls Pole Vault (starting height: TBD)

Timing of Running Events

- The timing of running events will be conducted using our Eagle Eye F.A.T. timing system. Final results of running events will be posted outside of the press box as well as publicized via the public address system.

Scratch Meeting

- On the day of the meet, the scratch meeting for coaches will be held at 9:15 in the field house located at the south end of the track (nearest the high jump). *Remember that no replacements or other amendments can be made at this time – scratches only!*

Starter

- The starter for the boys' portion of the meet will be Paul Stallman. Randy Jenkins will serve as the starter for all girls' events.

Staging Area

- The staging area for all track events will be located on the asphalt area north of the starting line. Athletes are asked to report in a timely manner so as to keep the meet running smoothly. There will be benches located at the staging area, and water will be provided for athletes in this area as well. Athletes will then enter the track and proceed to the appropriate starting line. Kevin Helfrich (junior high track coach at Carbondale) will serve as the Clerk of the Course for the state meet.