SIJHSAA TRACK MEET ENTRY FORM (GIRLS) (COPY & DISTRIBUTE AS NEEDED)

EVENT	PARTICIPANT	TIME/DIS.	<u>PARTICIPANT</u>	TIME/DIS.
Pole Vault *Class L only High Jump	•			
Long Jump				
Shot Put	<u> </u>			E.
Discus Throw				
100m Hurdles	-			
4X100m Relay				
	·	•		
400m Dash				
1600m Run	***************************************			-
4x200m Relay				
7 th Grade				
100m Dash				
8 th Grade 100m Dash	(contraction of the contraction	-		*
800m Run				
				(
4x400m Relay				-
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SCHOOL:			MFET:	